



**WOLVES V  
WEST BROMWICH ALBION**  
SEAH STADIUM  
SUNDAY 11TH JANUARY 2026

**FA Women's  
National League  
League Cup  
QUARTER FINAL**

£3



1975-2025

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## PROGRAMME TEAM

Mike Capewell, Tony Leighton, James Orotayo, Dan Sharp, Paul Berry, Craig Bratt, Caren Davies, Jenny Wilkes, Synaxis Design Consultancy

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Good afternoon and a belated Happy New Year! I hope you all enjoyed the festive period. It's great to be back at the SEAH Stadium for our first game of 2026 as we embark on the second half of the season.

What a great place to start - sitting at the top of the table. After our difficult summer I certainly wouldn't have expected to be in the position we're in, but it's down to all the hard work of the players and staff. There's still a long way to go though, and we'll need to continue with the same hunger and desire if we're going to achieve our ambitions.

It was very disappointing that last Sunday's league game away at Burnley was postponed so late, especially when the team and supporters were already well on the way to Lancashire. We do really appreciate the support and we all felt especially bad for everyone affected.

We now have to wait to resume our league campaign as we turn our attention to cup competitions.

We had an excellent FA Cup run, beating both Rugby Borough and Stoke City, and I was hugely proud of our performance against Forest in the third round, particularly in the second half when we really showed we can compete at that level. It was another first for the club for the Stoke and Forest games to be shown live on TNT Sports, with the Forest game also broadcast on Channel 4.

We're still in two cup competitions and next Sunday we take on Birmingham City Professional Game Academy in the Birmingham County FA Challenge Cup Quarter-Final. Unfortunately that game's not open to the public as it's at Blues' training ground, but we do hope to stream it live.

Today we turn our attention to the National League Cup as we host familiar rivals West Bromwich Albion in the Quarter-Final. We put on an excellent display against them in the league in the week before Christmas when we won 3-0 at Alexander Stadium. Three excellent goals from Morph, Amber and Simsy, just a disappointment that Simsy got that second yellow card so she misses today's game.

And we know today will be a different game and we certainly won't be taking anything for granted in our second Black Country derby in a three week period. I know Siobhan will have them ready to fight back so we have to be on it from the start. We've fallen short in this competition in recent seasons so we want to go as far as we can.

Thanks so much to everyone for your continued support.  
Be loud and proud.

Enjoy the game.

**Dan McNamara**  
Manager



**FEAR  
NOTHING**®

## ADOBE WOMEN'S FA CUP Third Round 13/12/25 | 12.15pm

WOLVES 1 Marshall 58  
NOTTINGHAM FOREST 2 Brougham 4, Claypole 20

### TEAM

Brooks  
Harkin  
Morphet (Jenner 88)  
Marshall  
Hughes  
Greengrass (Quigley 88)  
Johnson  
Sims  
Anderson (Williams 76)  
Merrick  
Worsey (Robertson 73)

### Unused subs

Thomas  
Cross  
Loydon  
Roberts  
Appleby



*"I think the girls showed a lot of fight. We showed what we're about. We're all about grit and determination, and we carried on until the end."*

- Georgia Marshall



FA WNL  
21/12/25 | 2.00pm

## WEST BROM 0 WOLVES 3

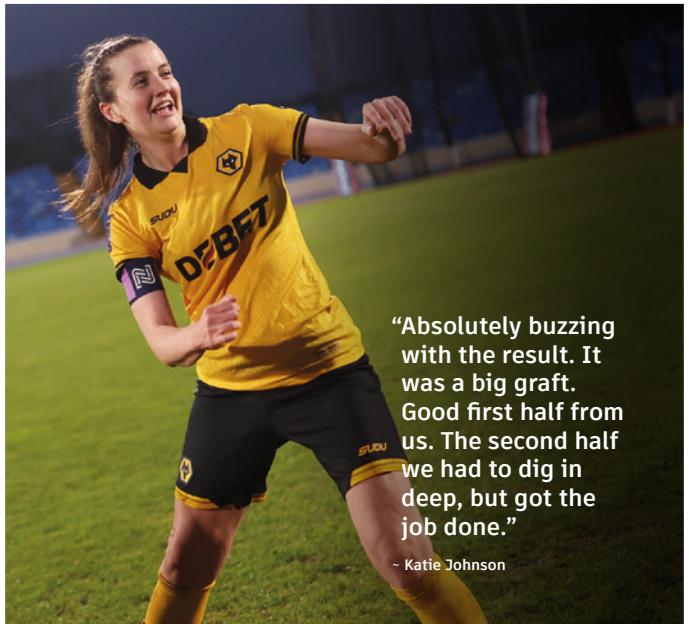
Morphet 9, Hughes 20,  
Sims 89

TEAM

Brooks  
Harkin  
Marshall  
Morphet (Loydon 87)  
Johnson  
Sims  
Anderson  
Worsey (Robertson 65)  
Merrick  
Hughes (Roberts 79)  
Greengrass (Quigley 87)

Unused subs

Thomas  
Williams  
Jenner



# matchday diary

## LYNDSEY HARKIN

### FIRST THING

I don't really have a set routine because having two kids, your routine has to be a bit open. I also try not to stick to the same thing, because I know it's not always going to be the same. There are some similarities though. I always like to have a cup of tea and some nice food before and I'll always try and eat twice before a match. I'll try and have a breakfast and then also have something pre-match as well, but other than that, I don't really have a routine at all.

### FOOD AND DRINK

What I eat is not always the same every week. If I'm eating at home before the game, I'll probably have some porridge or something like that, but once we get to Telford for a home match, we normally get given some pre-match food, including eggs, beans, bagels, toast, but it's never the same set thing that I'll eat. I try not to really, because I think it would get in my head if I didn't eat that specific thing, so I try and be open because I like most things and I'm not too fussy.

### TALKING A GOOD GAME

Having a young family, we'll always talk about the match in the morning. The boys and my husband will always come and support me, so it's normally the topic of conversation when we're having our breakfast. We never talk about anything too detailed, just about what they think the score will be, and stuff like that. It's normally quite a casual chat.

### ON THE HEADPHONES

If we're going to Telford, we normally lift share, so myself, Simsy, Char [Greengrass] and Becks [Anderson] normally go together. Although we don't have any set music that we'll always listen to, we do have a bit of a playlist that we'll all add songs onto, but more often than not, we'll just play whatever. I do like the Arctic Monkeys and music like that but then I also like dance music, RnB, any of the latest songs – anything which is a bit upbeat normally, to try and get me going

before the game. I do like Olivia Dean at the minute, but her music is quite a bit slower, so not necessarily what I'll listen to before a match! Then once we get into the changing rooms, there is a set playlist, but it's very varied so I'm just happy to listen to whatever everyone else wants.

### BUS BUDDIES

Naturally, with the car share, me, Simsy, Char and Becks – depending on if there's a four – then we all might sit together, but when we're all at the back of the bus where all the players sit, it's often quite open and quite mixed anyway. It's a good group we have here and we all get on well, so it's quite nice to get to speak to everyone. But having those girls here with me has made it easier to settle in. I was already really good friends with the three of them before I came to Wolves, so it makes it a lot easier then when they're here to help you settle, but everyone's just been so nice and welcoming. It's been quite a natural fit for me. Everyone's made me feel really welcome, and not just myself, but also my family, so it's been really nice.

### AT THE GROUND

A lot of the grounds we have all played at before, so we kind of know what to expect, but I always like to go and take a look at the pitch. I know some of the girls look to see what footwear to choose, but if it's grass, I always wear studs anyway, so I don't normally have a need for that, but it's still nice to have a little look at the pitch, especially if you've not seen it before and it's a new ground to you. But unsurprisingly, I don't have any superstitions! When I get into the changing room, I'm pretty much just thinking about getting ready. There's not loads of time anyway, and if there is too much time, then I don't like it because then I just start doing random things or just walk around aimlessly. I like it to be quiet, calm, but I don't have a specific changing room routine or superstitions.

### GAME MODE

For me, it's just those last conversations we have get me in the zone. Macca would normally come in and says something, and we all get each other up for it. We get around each other, go round in a group, high five each other, and just get everyone up for the game. Once you're in that moment, you're just naturally ready for the game anyway. You've done all your preparation, so all that's left is to walk out onto the stage.

### POST-MATCH PLANS

I'm not always that hungry after games. Sometimes during a game I feel hungry, but normally, if you've stocked up well before, you should be fine. Again, there's nothing particular about what I eat and it all depends on what's on offer after the game. I always need a lot of calories as I burn off a lot, so normally I'd get myself a protein shake or something of that form and then try to get some good food down. I'm happy to eat whatever's provided, and if the options aren't that great, then probably just some pasta.

### SWITCHING OFF

With having kids, it's really nice because no matter what's happened or how your game's gone, you know you're going to go over to them in the crowd and they're going to give you a hug and that instantly takes your mind off it. I do like to review the game as well and watch it back, but our lives are busy, we've got work the next day, so if you've had a good result, you're in a good mood, but even if you've got a bad result or not the one you wanted, you might not always be in the best mood come Monday morning – and my colleagues can probably vouch for that! – but you'll soon get out of it at work. Fortunately, it's all been going well this season so my Monday mornings have been quite good, so long may that continue!





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**01562 773222**

Wolves v West Bromwich Albion in the League Cup

## WE'VE MET BEFORE

**Today's game will be only the second time Wolves and West Brom have met in the National League Cup. That game was back in November 2016 at Dales Lane, Rushall with Albion in the Northern Division and Wolves a tier below in Midlands Division One.**

Wolves started slowly and Albion created the first chance of the game in the seventh minute as a miss-hit shot was straight at Sophie Glenny, making her debut in the Wolves goal. Wolves' first chance came in the 15th minute as Anna Perks' shot went over the bar. Then it was Albion's chance, Dugmore's header coming back off the woodwork before she sent a long-range effort straight at Glenny.

In the 32nd minute former Wolves player Louise Fellows' shot was deflected off her team-mate Dugmore to go wide. Albion continued to press with Warner and Stamps both coming close, but the half finished goalless.



Albion started the second half where they left off, and in the 46th minute a header by Dugmore was parried onto the post by Glenny. Wolves then had a great chance in the 50th minute after Jade Cross ran into the box, but slipped as she was preparing to take the shot, sending the ball wide.

Albion came close just three minutes later as Dugmore tried to poke the ball home from close range, but it was cleared off the line by Claire Hakeman.

10 minutes later Jade Cross took a shot from the edge of the box, but it was well-held by Albion keeper Bec Thomas. In the 74th minute a corner from Wolves' Jen Anslow found Vicky Brackenbury, but her header went wide. Albion pushed hard, with a barrage of chances as the game approached the 90th minute mark, but Wolves defended valiantly, forcing the game into extra time.

WBA Women's FC vs. Wolves Ladies FC

Sunday 6th November, 2016  
Kick-Off: 2.00pm  
Rushall Olympic, Dales Lane, W54 1LJ  
£2 Adults £1 Children  
FA WPL Cup

MAPLE LEAVES FROM QUEBEC  
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Premier League

ALBION

[@wlv\\_sport](http://www.wlv_sport)
[/wlv\\_sport](http://www.wlv_sport)

The breakthrough came in the 98th minute as Albion were awarded a penalty after Stewart's shot hit a Wolves hand. Dugmore made no mistake from the spot, putting the hosts ahead.

Wolves pushed hard to get back into the game, with Anslow, Jade Cross and Dominique Luke all coming close, but Thomas defended her goal well. With the visitors piling on the pressure, substitute Nikki Lal, also making her senior debut for Wolves, made a great run into the box to meet a cross, but her header went over the bar. Despite Wolves' best efforts, they could not find the equaliser, and Albion took the spoils.

The teams had met previously in another League Cup encounter – this time in the Midland Combination League. Wolves triumphed 3-2 with the game also going into extra-time. The teams were level 2-2 at half-time, Anna Perks and Amber Quick netting for Wolves, James with a brace for Albion. The winner that day came in the 100th minute from Anna Perks.

*So, with both previous meetings going to extra time, will today's game be completed in normal time?*



BETH ROBERTS  
OUR NUMBER 22

NDU

# UNBEATEN IN 2025



**23**

PLAYED

**19**

WON

**4**

DRAWN

**0**

LOST

**81**

GOALS  
SCORED

**17**

GOALS  
CONCEDED





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## LEAGUE TABLE 2025/26

Pos	Team	HOME					TOTAL					GD							
		P	W	D	L	F	A	W	D	L	F	A	PTS						
1	Wolverhampton Wanderers	12	5	1	0	16	5	6	0	0	21	3	11	1	0	37	8	29	34
2	Burnley	12	5	0	0	18	2	5	2	0	9	3	10	2	0	27	5	22	32
3	Rugby Borough	12	2	1	2	13	7	6	1	0	16	2	8	2	2	29	9	20	26
4	Stoke City	12	2	2	2	9	7	3	0	3	9	9	5	2	5	18	16	2	17
5	West Bromwich Albion	12	1	2	3	3	7	3	1	2	12	11	4	3	5	15	18	-3	15
6	Middlesbrough	12	3	1	2	7	6	1	2	3	5	11	4	3	5	12	17	-5	15
7	Hull City	11	2	1	3	8	16	2	1	2	5	7	4	2	5	13	23	-10	14
8	Liverpool Feds	12	1	0	5	9	16	3	1	2	11	12	4	1	7	20	28	-8	13
9	Halifax	12	2	1	4	4	10	1	1	3	3	6	3	2	7	7	16	-9	11
10	Derby County	12	1	0	5	4	10	2	1	3	3	10	3	1	8	7	20	-13	10
11	Loughborough Lightning	12	0	3	2	2	6	1	2	4	7	16	1	5	6	9	22	-13	8
12	Sporting Khalsa	11	1	0	6	6	13	1	0	3	4	9	2	0	9	10	22	-12	6

## PLAYER STATS 2025/26

#	Name	League		WFA Cup		Lge Cup		BCC		2025/26		Wolves Total	
		apps	gls	apps	gls	apps	gls	apps	gls	apps	gls	apps	gls
1	Alex Brooks	12	0	3	0	3	0	1	0	18	0	18	0
2	Lyndsey Harkin	10 + 1	0	3	0	1 + 2	0	1	0	15 + 3	0	18	0
3	Anna Morphet	4 + 2	3	2	0	1	0	1	0	8 + 2	3	181	57
4	Milly Robertson	1 + 5	0	0 + 3	0	1	0	1	0	3 + 8	0	11	0
5	Georgia Marshall	12	1	3	2	4	1			19	4	19	4
6	Lily Simkin											5	0
7	Anna Grey	0 + 3	0			2 + 2	0			2 + 5	0	7	0
8	Merrick Will											23	1
9	Jade Cross	0 + 7	0	0 + 1	0	4	0	1	1	5 + 8	1	309	176
10	Abi Loydon	1 + 4	1	0 + 2	0	5	1	1	0	7 + 6	2	39	5
11	Amber Hughes	11 + 1	10	2	0	0 + 4	3	1	3	14 + 5	16	124	109
12	Charlotte Greengrass	10 + 2	4	3	0	3 + 2	4	1	6	17 + 4	14	53	46
13	Bec Thomas					2	0	1	0	3	0	136	0
14	Martha MacPhail					0 + 1	0			0 + 1	0	6	0
16	Racheal Quigley	1 + 10	0	0 + 2	1	5	4	0 + 1	0	6 + 13	5	37	14
17	Katie Johnson	9 + 2	0	3	0	3 + 1	0	1	2	16 + 3	2	118	11
18	Amy Sims	11	5	3	1	1 + 3	1	0 + 1	0	15 + 4	7	19	7
19	Becky Anderson	9 + 3	0	3	0	3	0	1	0	16 + 3	0	49	2
22	Beth Roberts	7 + 4	0	0 + 2	0	5	0	0 + 1	0	12 + 7	0	92	5
24	Chloe Williams	2 + 8	1	1 + 1	0	5	2	0 + 1	0	8 + 10	3	52	9
25	Amelia Hiscox					0 + 1	1			0 + 1	1	11	1
27	Abbi Jenner	10 + 1	1	1 + 1	0	3	0			14 + 2	1	45	3
28	Beth Merrick	11 + 1	8	3	1	2 + 3	1	1	0	17 + 4	10	152	60
31	Skye Owen											4	0
36	Louanne Worsey	11 + 1	3	3	0	2 + 3	2	0 + 1	0	16 + 5	5	21	5
44	Sareet Binning					0 + 1	0			0 + 1	0	1	0
50	Connie Matthews					0 + 1	0			0 + 1	0	1	0

All stats correct at time of going to print.



# WOLFIE'S WONDERERS

## A maze-ing!

Help Wendy find her way to the Women's FA WNL Cup Trophy...



## Wolfie's Football Word Scramble

If you think you know all about football, how quickly can you unscramble these football related words?

1.	EREFFRE	6.	NCREROE
2.	OWLYEL RDAC	7.	ASPS
3.	TWILHSE	8.	KRGEOLEPEAE
4.	HPCIT	9.	DER RDCA
5.	AYPLENT	10.	LUFL ETMI

## Who am I?

Can you work out who this Wolves Women player is...  
The clues below make up the letters in her surname.

My first is in Match but not in Goal  
My second is in Wolves but not in Derby  
My third is in Red and also in Referee  
My fourth is in Player but not in Substitute

My fifth is in Harkin and also in Marshall  
My sixth is in Defender but not in Forward  
My seventh is in Football and also in Boot  
I am: \_\_\_\_\_

## New Year's Resolution

Have you made any New Year's resolutions?  
Beth Merrick has.

Beth's resolution is to drink more water throughout the day and to enjoy the little moments of life more. What a great resolution, we could all do that too!



# IN OTHER NEWS...

## JOIN US FOR THE RUN-IN

With Wolves Women currently sitting top of the FA Women's National League, they have promotion to WSL2 firmly in their sights.

The Old Gold have won five and drawn one of their six home matches in the league this season. More than 850 fans turned out for our Adobe Women's FA Cup clash with Stoke City, and the crowd and atmosphere at the SEAH Stadium is building fast as we enter the second half of the season.

Representing great value and saving on the match by match price, half-season tickets will gain you entry to our five remaining home FA WNL Premier Division North fixtures at the SEAH Stadium where your support will be needed to push the team on towards the end of the campaign.

The five fixtures are:

Rugby Borough | Sunday 8th February | 2pm  
Hull City | Sunday 22nd February | 2pm  
Derby County | Sunday 8th March | 2pm  
West Brom | Sunday 29th March | 2pm  
Halifax | Sunday 26th April | 2pm

All fixtures are subject to change.

Half-season tickets are available now from the ticket office or online at fantastic value:

Adults – £20  
65+ – £20  
Under 21s – £20  
Juniors (U17/U14) – £12



Secure your seat here

## STAR PLAYER [1]

Congratulations to Georgia Marshall who was named Wolves Player of the Match in our Adobe Women's FA Cup third round game against Nottingham Forest. The presentation was made by match ball sponsor John Rogerson of Jute Sports.

## THE RACE FOR THE GOLDEN BOOT [2]

Star striker Amber Hughes leads the race for the Northern Premier Division Golden Boot award with 10 league goals to her name so far this season and five more in cup competitions. She's following in the footsteps of her strike partner Charlotte Greengrass who tied with Nottingham Forest's Mel Johnson to clinch last season's award with 32 goals across all competitions.

## BOWLED OVER [3]

Wolves Women players Louanne Worsey, Anna Grey and Lily Simkin showed off their bowling skills when they joined players from the men's team supporting Wolves Foundation's Sporting Chances project. The scheme encourages young people with special educational needs and disabilities to become involved in physical activity.

## FIXTURE UPDATE

Next Sunday 18th January we turn our attention to the Birmingham County FA Challenge Cup Quarter Final when we take on Birmingham City Professional Game Academy at the club's West Hills Training Ground. The game isn't open to the public, but we are hoping to stream it live.

Then we're back in league action on Sunday 25th January when we make the long journey to Stockton Town Football Club in Stockton-on-Tees to take on Middlesbrough.

Our next game here at the SEAH Stadium is on Sunday 8th February as we entertain Rugby Borough with a 2pm kick-off.



 FAWNL	Name	1st sub	TEAM	Home fixture	+	Own goal
 Adobe WFA Cup	Name	2nd sub	Team	Away fixture	Yellow card	
 League Cup	Name	3rd sub	#	Goal scored	Red card	
 B'ham Challenge Cup	Name	4th sub		Penalty scored		
	Name	5th sub				



Scan here for fixtures and tickets

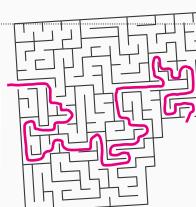
## Tickets:

For non-season ticket holders, tickets are available from Wolves' ticketing site [ticketing.co.uk/wolves](http://ticketing.co.uk/wolves).

If purchased in advance, tickets are priced at £5 for adults, over 65s and Under-21s, or £3 for juniors. If purchased on the day, prices rise to £8 for adults and over 65s.

## Answers...

## A maze-ing



## Wolfie's Football Word Scramble

Word Scramble	Corner
1. Referee	7. Pass
2. Yellow Card	8. Goalkeeper
3. Whistle	9. Red Card
4. Pitch	10. Full Time

Whaleman 17

Who am I?  
My first is in Match but not in Goal  
My second is in WOlves but not in Derby  
My third is in Red and also in Referee  
My fourth is in Player but not in Substitute  
My fifth is in Harkin and also in MarsHall  
My sixth is in DEFender but not in Forward  
My seventh is in FootBall and also in Boot  
: Anna MORPHET



SEAH STADIUM | SUNDAY 11TH JANUARY 2026

**WOLVES**

1	Alex Brooks .....	<input type="checkbox"/>
2	Lyndsey Harkin .....	<input type="checkbox"/>
3	Anna Morphet .....	<input type="checkbox"/>
4	Milly Robertson .....	<input type="checkbox"/>
5	Georgia Marshall .....	<input type="checkbox"/>
6	Lily Simkin .....	<input type="checkbox"/>
7	Anna Grey .....	<input type="checkbox"/>
8	Merrick Will .....	<input type="checkbox"/>
9	Jade Cross .....	<input type="checkbox"/>
10	Abi Loydon .....	<input type="checkbox"/>
11	Amber Hughes .....	<input type="checkbox"/>
12	Charlotte Greengrass .....	<input type="checkbox"/>
13	Bec Thomas .....	<input type="checkbox"/>
16	Racheal Quigley .....	<input type="checkbox"/>
17	Katie Johnson .....	<input type="checkbox"/>
18	Amy Sims .....	<input type="checkbox"/>
19	Becky Anderson .....	<input type="checkbox"/>
22	Beth Roberts .....	<input type="checkbox"/>
24	Chloe Williams .....	<input type="checkbox"/>
25	Amelia Hiscox .....	<input type="checkbox"/>
27	Abbi Jenner .....	<input type="checkbox"/>
28	Beth Merrick .....	<input type="checkbox"/>
36	Louanne Worsey .....	<input type="checkbox"/>
44	Sareet Binning .....	<input type="checkbox"/>

**WEST BROM**

1	Charlotte Clark .....	<input type="checkbox"/>
2	Taylor Reynolds .....	<input type="checkbox"/>
3	Hannah George .....	<input type="checkbox"/>
4	Fran Orthodoxou .....	<input type="checkbox"/>
5	Zoe Creaney .....	<input type="checkbox"/>
6	Issy Green .....	<input type="checkbox"/>
7	Simran Jhamat .....	<input type="checkbox"/>
8	Seren Watkins .....	<input type="checkbox"/>
9	Rhianne Oakley .....	<input type="checkbox"/>
10	Liv Rabjohn .....	<input type="checkbox"/>
11	Marli Rhodes .....	<input type="checkbox"/>
12	Asiah Janny .....	<input type="checkbox"/>
13	Orla Howard .....	<input type="checkbox"/>
14	Ellie May .....	<input type="checkbox"/>
15	Mia Sorrentino .....	<input type="checkbox"/>
16	Naomi Sharp .....	<input type="checkbox"/>
17	Amya Hammond-McLean .....	<input type="checkbox"/>
18	Ruby Heselden .....	<input type="checkbox"/>
19	Monique Robinson .....	<input type="checkbox"/>
20	Phoebe Warner .....	<input type="checkbox"/>
21	Millie Pullen .....	<input type="checkbox"/>
22	Kate Evans .....	<input type="checkbox"/>
23	Lavarna Johnson .....	<input type="checkbox"/>
24	Ella Haughey .....	<input type="checkbox"/>
25	Lucy Davies .....	<input type="checkbox"/>
26	Ellie McFarlane .....	<input type="checkbox"/>
28	Chi Arinze .....	<input type="checkbox"/>
31	Lucy Day .....	<input type="checkbox"/>
39	Molly Kehoe .....	<input type="checkbox"/>



**MATCH OFFICIALS**

Referee: Martin Barnes | Assistant referees: Dave White, Chloe Taylor

**NEXT UP AT SEAH STADIUM**

Rugby Borough  
Sunday 8th February 2026 | 2.00pm kick-off | FA WNL



**SUDU**

Reconomy



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