

CHILDREN AND YOUNG PEOPLE SAFEGUARDING POLICY

At Wolves, we want our children and young people to be happy and safe.

You have the right to be safe wherever you are: at home, school, out and about and at football. Everyone at Wolves FC has a responsibility to make sure that the well-being of children and young people is put first.

That means:

- Listening to children and young people
 - Making sure children and young people are safe
 - Acting when needed
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What is Abuse?

Abuse is anything another person does that could cause harm. Abuse can happen in families, school, Academies, online.... literally anywhere.

There are different types of abuse:

- **PHYSICAL ABUSE** – When someone is hurting you. Things like: – Hitting, smacking, and slapping, scalding, or burning you, spitting or throwing things at you, shaking, or suffocating you.
- **SEXUAL ABUSE** – This is when someone: – Touches you, says things that make you feel uncomfortable, makes you watch things that make you feel uncomfortable.
- **EMOTIONAL ABUSE** – This is when a person intentionally makes you feel bad about yourself, ignores you or puts you down. Some examples are: – Putting you in a dangerous situation, calling you names, being aggressive and violent to other people in your family.
- **BULLYING** – Means different things to different people. Generally, it's when you are made to feel bad or humiliated by name calling, pushing, or pulling or being threatened. This can happen anywhere - online or offline.
- **NEGLECT** – is when you don't have the things you really need to be well. Things like: Food, clean clothes, medicine. It also includes things like protection from harm and dangerous people.

If you think another child or young person might be experiencing the above things, then you should try and tell an adult.



Asking for help

If you have a problem, or are worried about something, it's always best to speak to an adult you trust. It can be difficult to find the right words so here are some tips to help make it a bit easier...

START SOMEWHERE

You don't have to share everything all at once. Say what comes to mind – it is okay if it does not come out perfectly. Telling someone is the most important thing

CHOOSING THE RIGHT PERSON

Speak with an adult you trust – someone that makes you feel safe and listened to.

Some children and young people find it easier to write it down and share it with a trusted adult.

The adult may need to ask you questions about what you have written down but remember this is because they want to make sure they understand clearly, and it is not because they do not believe you.

When you tell someone, they may need to tell other people to help keep you safe, but they should tell you who they are going to tell any why.

You can talk to any person who works at Wolves and they will contact me, or you can contact me direct.



Lisa Carter

Head of Safeguarding

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A full list of policies can be found at: wolves.co.uk/club/policies/safeguarding

Other helpful links and numbers

childline

0800 1111
www.childline.org.uk



www.thinkuknow.co.uk

YOUNGMINDS

youngminds.org.uk



www.youngstonewall.org.uk



www.brook.org.uk



www.barnardos.org.uk

NSPCC

www.nspcc.org.uk



THE PFA

www.thepfa.com



www.thefa.com

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